

Youth Resources (DRAFT 6-2-09)

Employment Opportunities

Sacramento Employment and Training

Agency (916) 263-3800

925 Del Paso Boulevard
Sacramento, CA 95815

Call and ask for a Youth Specialist at a Sacramento Works One Stop Career Center near you. Career center provides assistance for teens with job placement, resume writing, completing applications, interview preparation and job search.

Homeless/Runaway Services

Wind Youth Center (916) 561-2424

710 Dixieanne Ave, Sacramento, CA 95815

Help for homeless and runaway teenagers living on the streets, in abandoned buildings, in camps, etc. Provides hot meals, shower, laundry facilities and emergency clothing.

Pregnancy

The Birthing Project (916) 442-2229

1900 T Street, Sacramento, CA 95814

Comprehensive Peri-natal and women's health care, case management, assistance with completing Medi-Cal applications, child birth instruction and support, teen pregnancy prevention, and family planning.

Abortion

Services of Women's Health Specialists

(916) 451-0621

1750 Wright Street, Suite 1
Sacramento, CA 95825

Confidential birth control, counseling and abortion services.

Health Insurance

Cover the Kids 1-866-850-4321

1331 Garden Hwy, Sacramento, CA 95833

See if you qualify for programs including: Medi-Cal, Healthy Families, Kaiser Permanente's Child Health Plan, Healthy Kids, Access for Infants and Mothers (AIM) Program. (Ages 0-19)

Volunteer Opportunities

Volunteer Center of Sacramento

(916) 567-3100

1111 Howe Ave # 600, Sacramento, CA 95825

Visit the website www.volunteersac.org or call to learn about youth and adult volunteer opportunities.

Hands on Sacramento

(916) 447-7063 ext. 344

909 12th Street, Suite 200
Sacramento, CA 95814

www.handsonsacto.org is a website that lists numerous youth and adult volunteer opportunities in Sacramento.

Mentoring Programs

Sacramento Mentoring Partnership

(916) 576-3300 ext. 326

Call and ask for a mentoring program that fits your needs. You may have to leave a message, so remember to leave your name and phone number on the voicemail.

Violence Prevention/Intervention

WEAVE (916) 920-2952 or

(866) 920-2952 (Toll Free)

1900 K Street, Sacramento, CA 95811

Provides crisis intervention services to teens who have experienced dating violence, sexual assault, and domestic violence.

Suicide Prevention Hotline

California Suicide and Crisis Hotlines

1-800-784-2433 or (916) 368-3111

Drug and Alcohol Rehabilitation Services

Mental Health Services

Academic Programs

Sacramento County Community Resource Line 211 or (916) 498-1000

24 hour information and referral services for Sacramento County. Call and explain your needs and an operator will assist you.